



RIO LINDA ELVERTA RECREATION AND PARK DISTRICT

Job Description **Lifeguard/ Swim Instructor** \$17.05 – \$18.83 Regular Part-Time

Job Description

Under the general supervision of the Pool Manager and/or Recreation Supervisor, the Lifeguard/Swim Instructor is responsible for ensuring the safety of all aquatic facility patrons by preventing, recognizing, and responding to aquatic emergencies. This position also provides quality swim instruction to participants of varying ages and skill levels while maintaining a safe, clean, and welcoming pool environment.

Minimum Qualifications

- Must be at least 15 years of age at time of hire
- Current certification in the following:
 - American Red Cross Lifeguarding & First Aid/CPR/AED for the Professional Rescuer
 - American Red Cross Title 22 (must be obtained within the first year of employment)
- Ability to pass a background check as required by the District
- Ability to work flexible schedules, including evenings, weekends, and holidays
- Ability to reliably report to work on time for scheduled shifts, including evenings and weekends

Knowledge and Skills

- Thorough knowledge and application of lifeguarding surveillance, rescue, and emergency response techniques
- Understanding of aquatic facility operations, rules, policies, and safety procedures
- Strong decision-making skills and the ability to remain calm under pressure
- Effective communication and customer service skills
- Ability to lead groups, provide instruction, and interact positively with the public
- Ability to work independently and as part of a team

Physical Requirements

- Ability to swim continuously and perform water rescues
- Ability to lift, carry, pull, and/or assist individuals in and out of the water
- Ability to stand, walk, bend, kneel, and reach for extended periods
- Ability to work outdoors in varying weather and pool conditions

*810 Oak Lane
Rio Linda, CA 95673
916/991-5929 ~ Fax 916/991-2892
www.rleparks.com*



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Job Duties

- Maintain constant surveillance of patrons in and around the swimming pool
- Recognize and respond quickly, calmly, and effectively to emergency situations
- Enforce all aquatic facility rules, policies, and safety regulations consistently and professionally
- Provide emergency care and first aid as necessary, including water rescues, CPR, and AED use
- Conduct daily safety inspections of the pool, deck, and surrounding areas and report unsafe conditions or equipment concerns to supervisors
- Complete required accident reports, incident reports, and other documentation accurately and in a timely manner
- Assist with admissions, including collecting fees and answering patron questions
- Maintain positive communication and professional relationships with patrons, coworkers, and supervisors
- Participate in regular staff meetings, in-service trainings, and required certifications
- Teach swim lessons to individuals and groups of various ages and ability levels, following approved lesson plans and safety guidelines
- Perform additional duties as assigned to support pool operations and recreation programs
- Complete additional duties as assigned by the supervisor

To Apply:

Please email a resume and completed job application to yannil@rleparks.com by May 1, 2026.

Job applications can be found at www.rleparks.com/job-opportunities.

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